

International Council of Certified Dementia Practitioners and
Center for Applied Research in Dementia

“Global Certification CMDCP Certified Montessori Dementia Care Professional”

Contest In Honor of National Activity Professionals Week!! January 19th -25th

Contest: **Deadline for Submission January 2nd 2020**

Email submissions to: iccdpcorporate@iccdp.net www.iccdp.net

No phone calls please.

The winner submission will be posted in the NCCDP / ICCDP E - Publication and or any other publication or medium that ICCDP chooses.

ICCDP / CARD may use your idea in a Montessori Activity Publications and your submission becomes the property of ICCDP / CARD. Your submission will not be returned.

Cash Award: \$250.00 from ICCDP and \$250.00 From Center for Applied Research in Dementia.

Instructions:

Montessori type of activity design for the elderly with a diagnosis of dementia in the middle stages or late stages.

Can be any type of activity such as reminisce, pet therapy, intergenerational, crafts, family events, etc.

Must be the applicant's original idea.

Length 45 minutes

Elder able to complete activity without any hands- on help from staff.

Submit pictures and labeled. Pictures to tell the story from start to finish

Written step by step instructions.

Name of activity.

Material / supplies needed.

Cost of program.

Purpose and Objectives.

Permission slip to use the elder's person's picture. Must show the elder person implementing and completing the project, step by step.

If you are selected, you will be notified by phone and or email on or before Activity Professionals Week.

Must incorporate the Dr. Cameron Camp Montessori principles.

Montessori Principles: From the book titled:

Montessori – Based Activities for Persons with Dementia Volume 1

Author Dr. Cameron Camp PhD. Available on Amazon

- Use real life materials that are aesthetically pleasing
- Progress from the simple to the complex
- Progress from the concrete to the abstract
- Structure materials and procedures so participants will work from left to right and from top to bottom. These patterns parallel eye and head movements associated with reading in western culture.
- Arrange materials in order from largest to smallest, and from most to least.
- Allow learning to progress in sequence.
Ideally, this occurs through observation, followed by recognition and then through recall or demonstration.
- Break down activities into component parts and practice one component at a time.
- Ensure that participants have the physical and cognitive capability to manipulate materials and understand what is required to accomplish the task.
It is important to minimize the risk of failure and maximize the chance of success.
- Use as little vocalization as possible when demonstrating activities
- Try to sit on the dominant -hand side of the participants. This makes it easier for them to receive materials handed to them.
- Match your speed of movement to the speed of the participants when presenting activities.
Almost always use slow and deliberate movements, especially when demonstrating an activity.
- Make the materials and activity self-correcting.
- Have the participants create something that can be used when ever possible. Folding paper can lead to creating figures such as those used in Origami. A melon scoop can lead to melon balls.
- Adapt the environment to the needs of the participants.
- Whenever possible, let the participant select the activities they will work with.
- Accommodate for vision problems associated with aging and dementia.

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National Activity Professionals Week January 19th -25th 2020

Contest Submission Form:

Use this format to type your answers. Please follow exact format in this order.

Date: _____

Your Name: _____

Credentials: (i.e., CMDCP ADC) _____

Position: _____

Name of Company: _____

Email: _____ Phone number: _____

Administrator's signature required: _____ Date: _____

How long have you worked in the activities field or Therapeutic Recreation? _____

I understand that my submission will not be returned and becomes the property of ICCDP and CARD and may be featured in a book, article, social media, web site. Initial: _____

Why did you choose the Activity Professional or Therapeutic Recreation field?

One paragraph:

Name of Project: _____

I state that this submission is my original idea: Sign _____

Supplies needed: _____

Length of Activity: _____

Cost for one person: _____

Directions: _____

Purpose: _____

Objectives: _____

Length: No more than two pages.

Explain how you followed the Montessori principles.

Attach head shot of person submitting submission.

Attach pictures. Label all pictures from start to finish with names and identifying information.

When typing up your submission, follow this exact format. No pictures or submissions will be returned.

Return this form (4 pages) with your submission. Signed and dated. Initial all pages.

Email submissions to: nccdpcorporate@nccdp.org